

# Coronavirus Information For Employees:

**RETIREMENT:** Important information regarding employee PERF accounts from INPRS: [Click Here](#)

**HEALTH CARE:** City employees have several options for telephone or on-line live healthcare during the COVID-19 pandemic. Anthem, IU Health Bedford Hospital and Ascension/St. Vincent all offer virtual access to check symptoms, speak with a caregiver and obtain further instruction. The links to those applications are listed below:

- [Anthem Online](#)  
[Anthem Resources for Assistance](#)  
[Anthem Telephone Nurse Line - open 24/7](#)
- [IU Health Online](#)
- [Ascension/St. Vincent Online](#)

**DEPARTMENT OF LABOR:** The Department of Labor also has a great FAQ page for questions employees or employers may have about COVID-19.

- [Dept. of Labor](#)
- [FFCRA Poster updated](#)

**CENTER FOR DISEASE CONTROL and INDIANA STATE DEPT. OF HEALTH:** The Center for Disease Control (CDC) can provide information on the virus and how to protect yourself. The Indiana State Department of Health shows a map of current cases in Indiana per County:

- [CDC](#)
- [ISDH Coronavirus Map](#)

**MENTAL HEALTH:** Great resources for those needing assistance from all of the mental stresses in their life or have questions about Covid-19, where to find financial assistance, mental health assistance, etc. please see the resources below:

- [Indiana 211 - Mental Health Assistance](#) - Free & confidential resource to Hoosiers
- [Centerstone](#) - 24 hour crisis line
- [Be Well Indiana.Org](#) - Connects you to a variety of resources for Hoosiers including Veteran Assistance, Addiction, Suicide Prevention, and Domestic Violence

